

May, 2023

LAKE LUZERNE SENIOR CENTER NEWSLETTER

539 LAKE AVE, LAKE LUZERNE NY 12846

BOX 370

518-696-6451

ltseniorcenter@yahoo.com

Monday, Tuesday and Wednesday 9:00-3:30

Thursday closed for trips and shopping

Friday 11:00-1:00

Wednesday, May 17th 12:00

Lunch and Fashion Show

Marlene Osier will perform as "Gert Newton" a renowned beauty and fashion consultant bag lady. For 33 years, Gert has been more than happy to help solve all wardrobe malfunctions and beauty problems Gert wants everyone to look their best. We provide the models, and you provide the entertainment.

This event will prove to put you in hysterics as we sit back and enjoy the most stylish outfits for 2023.

Call Barb 518-696-6451 to reserve your spot.

Lunch, Quiche, Mixed Green Salad, and Cherry Cheesecake.

Vinyasa Flow Yoga

Mondays 5:30-6:45 \$15.00 cash drop in \$15.00 or class passes 6 classes for \$72.00

Wednesday 5:30-7:00 Yin Yoga cash drop in \$15.00 or class passes 6 classes for \$72.00

Paint Class with Patrice

Tuesday, May 16th

This class is a great way to let your creativity grow and relax with new friends.

Call Barb at 518-696-6451 to reserve your spot. The cost to participate in this class is \$15.00 per person.

Movie and a Meal

Tuesday, May 9th 11:00-1:00

A Man named Otto

Otto is a grump who's given up on life following the loss of his wife and wants to end it all. When a young family moves in nearby, he meets his match in quick-witted Marisol, leading to a friendship that will turn his world around.

Covid Clinic

Wednesday, May 10th

Hudson Headwaters mobile unit will be at the Senior Center and will be offering covid vaccinations.

I have started working on possible trips we would like to take this spring, summer and fall please let me know if you have any trip ideas.

Barb 518-696-6451

Upcoming Programs

Fashion Show Wednesday, May 17th 12:00

Center and Meal Site Closed Monday, May 29th

Lunch with Warren County Ramblers Wednesday, June 21st

Center and Meal Site Closed Tuesday, July 4th

ATF: Tuning In

Charles Wood Theatre, Tuesday, August 8th

Get ready for the biggest musical in ATF history! Set in the early 1960's, this spirited romp transports us to the Harmony Hill Retirement Community, where stars of Cincinnati's golden age of radio still perform on nostalgia station WLK. When a slick CEO threatens the beloved institution, these senior stars team up with spunky college interns for an epic radiothon. Packed with over twenty-five musical numbers and a ten-piece band, this show is destined to break ATF records. Cost p/p \$25.00 non-refundable.

Please let me know if you are interested in attending this event, I need to order tickets May 2nd.

Mondays Osteo Busters 9:30-10:30

Coffee 10:30-11:30

Po-ke-no 12:30-2:30 (looking for those interested in playing)

Tuesdays Movie/Meal 11:00 2nd Tuesday of the month

Wednesdays Osteo Busters 9:30-10:30

Coffee 10:30-11:30

Chicken Feet 12:30

Chess 12:30

Whistling Kettle

Thursday, May 11th

Join us for lunch and shopping in Ballston Spa, No cost for transportation lunch will be on you. Call Barb 518-696-6451 to reserve your spot on the Van.

MAY

539 Lake Ave
Lake Luzerne NY 12846

