

June, 2022

LAKE LUZERNE SENIOR CENTER NEWSLETTER

539 LAKE AVE, LAKE LUZERNE NY 12846

BOX 370

518-696-6451

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Monday, Tuesday and Wednesday 9:00-3:30

Thursday and Fridays closed for trips and shopping

The Corvettes Doo Wop Revue

Thursday, June 16th

Pavilion Park

6:00

This event is FREE

The Corvettes Doo Wop Revue is dedicated to preserving and performing the greatest music ever made—the music of the 1950's Doo Wop era. Their incredibly entertaining show and comical stage antics have left many a happy audience screaming for more. In the tradition of legendary Doo Wop revivalists Sha Na Na, every Corvettes show is more than a concert—it's an all out a Doo Wop Celebration!

Some of the great hits you might expect to hear at a Corvettes Doo Wop Revue show: Come Go With Me—Little Darlin—Whole Lotta Shakin Goin On—At the Hop – The Twist-Earth Angel-Sea Cruise-Rock Around The Clock-In the Still of the Night And many more!

“A rollicking ride through the good old days of Rock & Roll”

Bring your lawn chair and your tapping foot! In case of rain this event will be at the Senior Center. Any Questions call Barb 518-696-6451

Vinyasa Flow Yoga

Mondays, at 5:30 for 75 minute vinyasa flow. Mats will be placed a minimum of 6 feet apart. For now, no props, food or beverage will be provided. Please bring mat, straps, blocks and any other yoga props you wish to practice with you. All personal belongings will be placed next to your mat while practicing.

Movie and a Meal

Tuesday, June 14th 11:00

Coal Miner's Daughter

Coal Miner's Daughter recounts Loretta Lynn's astonishing journey to become one of the original queens of country music. Loretta grew up dirt poor in the mountains of Kentucky, she was married at thirteen years old, and became a mother soon after. At the age of twenty-four, her husband, Doo, gave her a guitar as an anniversary present.

Soon, she began penning songs and singing in front of honky-tonk audiences, and, through years of hard work, talent, and true grit, eventually made her way to Nashville, the Grand Ole Opry, eventually securing her place in country music history. Loretta's prolific and influential songwriting made her the first woman to receive a gold record in country music, and got her named the first female Entertainer of the Year by the Country Music Association. This riveting memoir introduces readers to all the highs and lows on her road to success and the tough, smart, funny, and fascinating woman behind the legend.

Father's Day Luncheon

Wednesday, June 15th

We will be celebrating Father's Day, lunch for this event will be hamburgers, summer salads and strawberry short cake.

To reserve your spot please call Lisa at 518-696-2200 or Barb at 518-696-6451.

Office for the Aging Meal Site

For those of you who would regularly dine in with us, you can still take home a frozen meal for Tuesday and Thursday. We are looking forward to seeing you all on Monday, Wednesday and Friday. Call Lisa at 518-696-2200 to let us know you are coming.

Upcoming Trips

Hildene Mansion Thursday, June 2nd. Leaving the Lake Luzerne Senior Center at 8:30 and our return time not yet determined.

River Rangements Thursday, June 16th. Leaving the Lake Luzerne Senior Center at 9:00, class is at 10:00 and lunch will be approximately at 12:30? Return time not yet determined.

Corvettes “Doo Wop” Group Thursday, June 16th at the Pavilion Park in Lake Luzerne, start time is at 6:00 pm. If it is raining we will enjoy the show at the Lake Luzerne Senior Center. This event is FREE.

Saratoga Walking Tour, Thursday, June 23rd. Leaving the Lake Luzerne Senior Center at 12:15. We will be stopping for ice cream after the stroll, our return time will be around 4:00 ish.



There will be no programs held in the afternoon of Monday, June 27th and Wednesday, June 29th. All morning classes will be held on those days. Thank you for your understanding.

Mondays Osteo Busters 9:30-10:30

Coffee 10:30-11:30

Po-ke-no 12:30-2:30

Yoga 5:30-6:45

Tuesdays Movie/Meal 5/14 11:00

Wednesdays Osteo Busters 9:30-10:30

Coffee 10:30-11:30

Chicken Feet 12:30

Painting with Patrice

Tuesday, June 21st 1:00-3:00

Come out and enjoy painting with Patrice no experience needed.

We are taking a break from enjoying our High Tea for the summer and we will resume it in October.

JUNE

539 Lake Ave
Lake Luzerne NY 12846



*My day starts backwards.
I wake up tired
and go to bed wide awake!*