

July 2022

LAKE LUZERNE SENIOR CENTER NEWSLETTER

539 LAKE AVE, LAKE LUZERNE NY 12846

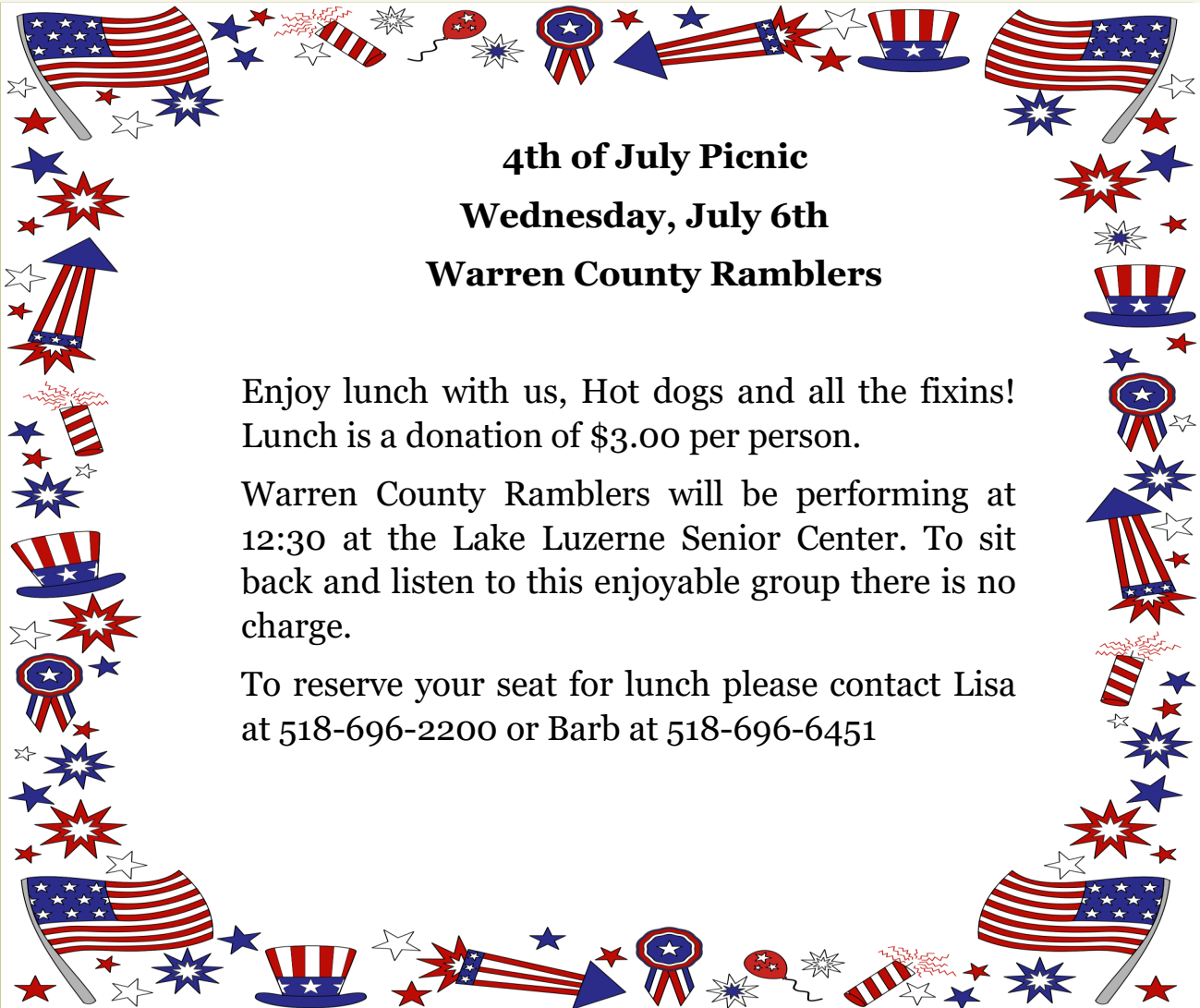
BOX 370

518-696-6451

liseniorcenter@yahoo.com

Monday, Tuesday and Wednesday 9:00-3:30

Thursday and Fridays closed for trips and shopping



4th of July Picnic

Wednesday, July 6th

Warren County Ramblers

Enjoy lunch with us, Hot dogs and all the fixins!
Lunch is a donation of \$3.00 per person.

Warren County Ramblers will be performing at
12:30 at the Lake Luzerne Senior Center. To sit
back and listen to this enjoyable group there is no
charge.

To reserve your seat for lunch please contact Lisa
at 518-696-2200 or Barb at 518-696-6451

Vinyasa Flow Yoga

Mondays, at 5:30 for 75 minute vinyasa flow. Mats will be placed a minimum of 6 feet apart. For now, no props, food or beverage will be provided. Please bring mat, straps, blocks and any other yoga props you wish to practice with you. All personal belongings will be placed next to your mat while practicing.

Movie and a Meal

Tuesday, July 12th 11:00

The Cannonball Run

You'll root for them all... but you'll never guess who wins. In this movie Burt Reynolds is an adventurer who decides to participate in an illegal car race all over the country, There is an all-star cast of racers that will do anything to outrun all the difficulties (including the police) and win the race.

A wide variety of eccentric competitors participate in a wild and illegal cross-country road race. However, the eccentric entrants will do anything to win the road race, including low-down, dirty tricks. However, the eccentric entrants will do anything to win the road race, including low-down, dirty tricks.

Music in the Park

The Lake Luzerne Regional Chamber of Commerce and the Town of Lake Luzerne are sponsoring 2022 annual Summer Concert Series.

In Pavilion Park, Lake Avenue 6:30-8:30 Rain or Shine!

Elvis Tuesday, July 12th

Bobby Dick & Suzie Q Wednesday, August 17th

Office for the Aging Meal Site

For those of you who would regularly dine in with us, you can still take home a frozen meal for Tuesday and Thursday. We are looking forward to seeing you all on Monday, Wednesday and Friday. Call Lisa at 518-696-2200 to let us know you are coming.

Upcoming Trips

Local Shopping Trip: Thursday, July 7th

Warrensburg Flower Tour: Saturday, July 9th (Openings)

Bellamy/Ferriday Tour: Tuesday, July 12th (Full)

Rail Trail Ride: Thursday: July 14th (Full)

Local Shopping Trip: Thursday July, 21st

Van Gogh Immersive Experience: Thursday, July 28th (Full)



Mondays Osteo Busters 9:30-10:30

Coffee 10:30-11:30

Po-ke-no 12:30-2:30 (looking for those interested in playing)

Yoga 5:30-6:45

Tuesdays Movie/Meal 7/12 11:00

Wednesdays Osteo Busters 9:30-10:30

Coffee 10:30-11:30

Chicken Feet 12:30

Great Camp Santanoni: Thursday, August 4th (3 openings)

Relax and Enjoy a 5 mile wagon ride on the carriage road that meanders through the Santanoni Preserve, located on State land. You may wander through the buildings and along the shores of Newcomb Lake. Bring a picnic lunch to enjoy on the decks of the Great Camp. The wagon will also stop at the farm that once supported the guests of Santanoni. The beauty of the lake and camp the scent of the Adirondack Forests and the sounds of wildlife will surround you. Call Barb to reserve your seat.

JULY

539 Lake Ave
Lake Luzerne NY 12846

